



Course Overview for Face and Body Waxing

Course Aim: This course aims to equip learners with the knowledge and application skills in becoming a professional Face and Body Waxing therapist under the WSQ standards.

Training Methodologies:

- Lecture
- Demonstration
- Formative Assessments via class activities
- Peer practices, appraisal and feedback
- Question and Answer (Q&A)
- End of Course Competency Assessment

Duration: Half day or full day totalling 30 hours (theory and practical)

Class Size : 8 to 14 per training class

Target Group:

- Matured workers from all races seeking secondary source of income or making career switch
- Retrenched or unemployed requiring training in new employability skills
- Bodywork practitioners requiring certification or interested in upgrading or acquiring new skill set
- Spa outlet customer service staff, supervisor, managers or owners keen to expand and improve service range to clients

Pre-requisites:

- Have basic literacy skills in English or Mandarin
- Minimum 18 years and above and to be medically fit

Course Fees: S\$ 380.00 inclusive of training manual, equipments and products required for training

Trainers: Our trainers are highly experienced and qualified instructors who are well-respected practitioners in the industry. Our trainers can deliver the programme in a captivating and motivating manner ensuring a good balance of both theoretical and practical aspects.

Specific Learning Objectives: Upon completion of this course, the participant must be competent in

- 1) **Knowledge Requirements** – understand the anatomy and physiology of hair and skin in various treatment areas
- 2) **Performance Requirements** – acquire skills on skin cleansing and toning, treatment plan and diagnosis and acquire waxing skills for face and body
- 3) **Tools ,Equipment and Materials** – learn to use hair removal equipments for body and facial treatment and safety precautions
- 4) **Regulations** – know the contraindications, hygiene and safety precautions
- 5) **Interactions** – client consultation and skin analysis, knowledge of its composition and functions, disorders, allergies, skin types and skin examinations
- 6) **Criticality** – demonstrate successful performance outcomes during formative and final assessments

Items to Bring: Participant's Guide; Writing instruments, pen & pencil

Assessment Methodology:

- Formative assessment via activity worksheets
- Final assessment (practical and oral questioning)